

GOVERNMENT COLLEGE ATTINGAL

WWS PROGRAMME 2018-2019

ANNUAL REPORT

The WWS programme for the year 2018-2019 is conducted well in the College. The external mentoring, internal mentoring sessions are very fruitful to the participants. The mentees actively participated in the programme. The mentors tried very much to cater to the needs of the mentees. They conduct classes in the areas demanded by the mentees. Only 30 mentees are permitted from each year. This year also over applications were received and through the screening process by considering their marks and real interests in joining the programme the required number are selected. Even with the time constraints the internal mentors and external mentors perform their roles in a fruitful manner. External mentors from different disciplines are invited for taking classes. The recommendation of internal mentors and mentees are also considered. The mentees also suggested the areas where they require more exposure and tried to incorporate their suggestions also. They actively participate in the external mentoring sessions by giving answers to questions asking relevant questions and showing keen interest in the group activities etc.

Motivational visit to reputed academic and research institutes within the state was also conducted.

With the motivation derived from the internal, external mentoring and motivational visit the mentees dream big positions and many of the mentees move forward to get exposure through participated in conferences and the quiz and talent hunt programmes conducted by the reputed institutions in the district. Overall the WWS Programme of this year also a beneficial one to the mentees.

INTERNAL MENTORING

Internal mentoring sessions are handled by the following faculties of our college.

Final Year Internal Mentors

Sri.Gopakumar K, Assistant Professor of Economics

Dr.D.V AnilKumar, Assistant Professor, Malayalam

Sri.Sunilraj N V, Assistant Professor, Commerce

Sri.Pradeep Kumar K, Assistant Professor, Political Science

Dr.Binu R, Assistant Professor, Commerce

Second year Internal Mentors

Sri.Sibukumar D, Assistant Professor of Maths

Sri Shanimon S, Assistant Professor of Commerce

Smt.Rejitha R, Assistant Professor of English

Smt.Thushara P.S, Assistant Professor, History

Smt Ebsy N J, Assistant Professor, Economics

Final Year Internal Mentors

Smt.Sashila A, Assistant Professor, Economics

Sri.K.H.Raghes, Assistant Professor, History

Dr. Bagyasree, Assistant Professor, Chemistry

Smt. Anitha S., Assistant Professor, Commerce

Dr.Sarun S.G, Assistant Professor of Commerce

They took Classes on Time management, How to face interviews, Gave Sense of direction, Provide knowledge about various career opportunities, identify their ambitions and guide them. They create Positive thinking in their attitude, provide study materials, suggest suitable books and magazines for reading etc. They are always ready to answer their queries and provide valuable suggestions and guidelines.

EXTERNAL MENTORING

The following academicians and experts took classes covering various fields.

1. Sri.Ajithkumar R., Corporate trainer
2. Sri M.P Pandiraj, Mind and body refreshment trainer
3. Dr.Martin Payyappilly, Director, Academy of success
4. Sri.Alex Mathew, Trainer T Horiszon
5. Dr.Farook C.T, Professional trainer
6. Dr.Ambeesh Mon.S, Assistant Professor, IMK, University of Kerala
7. Sri.M.C. Rajilan, Trainer, RACE
8. Smt.Preetha S., Assistant Professor and JCI Trainer
9. Sri S.Madhusoodanan Nair, Manager (Rtd) Indian bank

10. Sri.Sanjeev.S, Principal, Navabharat HSS & Motivational Trainer
11. Dr.J.Rajan, Prof.&Dean IMK (Rtd), University of Kerala, Member Higher Education Council of Kerala
12. Smt.Aroline K Tom, Assistant Professor, Layola College
13. Dr.Kiran Kumar, Mental Health Centre, Peroorkada
14. Dr.Gabriel Simon Thattil, Professor, Dept.of Commerce, University of Kerala
15. Dr.Lal C.A, Associate Professor, School of Distance Education, University of Kerala

They took classes on Time Management, Emotional Intelligence, How to face Group discussion and interviews, Employability skills, EPS, Transformational coaching, preparing for exams, basic skills in communication etc. They provide classes with attractive power point presentations and videos. They also ensure active participation of students. They provide questionnaires and study materials for the students to identify their real attitudes and provide valuable suggestions to them. The external mentors are also offering a personal touch with the mentees beyond their classes to those need further information and consultancy from them at free of cost.

MOCK TEST

Mock test is conducted for the final year mentees of the programme. Mock tests were conducted for PSC exam and IBPS bank clerical level exams. Students positively attended the exams. A mock interview and GD session was also extended to the mentees with the presence of external faculties and it gave a vivid experience to the mentees. Through the process they identify their pros and cons and how to prepare to be successful in their future interviews and GDs. It is led by Dr.J.Rajan Member, Executive Body, Higher Education Council of Kerala, Dr.Martin Payyappilly, Director, Academy of success and Sri.Madhsoodannair, Bank Manager(Rtd.). They properly conducted it and evaluated each one and give suggestions to them for improvement.

Motivational Visit

The visit programme has given great motivation to our students. The students actively participated in the programme and express keen interest in the sessions given in these institutions and they tried to understand the activities and facilities in these institutions and the way in which they maintained it. In our motivational visiting programme we visited the following places;

1. IIM, Kozhikode
2. CWRDM, Kozhikode
3. Kerala School of Mathematics, Kozhikode
4. Kerala Agriculture University, Thrissur
5. Kerala Forest Research Institute, Thrissur

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With the motivation derived from the internal and external mentoring they dream big positions and many of the mentees move forward to get exposure through participated in

conferences and the quiz and talent hunt programmes conducted by the reputed institutions in the district. Overall the WWS Programme of this year also a beneficial one to the mentees.

INTERNAL MENTORING

Internal mentoring sessions are handled by the following faculties of our college.

First year Internal Mentors

Sri.Sibukumar D, Assistant Professor of Maths
Sri Shanimon S, Assistant Professor of Commerce
Smt.Rejitha R, Assistant Professor of English
Smt.Thushara P.S, Assistant Professor, History
Smt Ebsy N J, Assistant Professor, Economics

Second Year Internal Mentors

Kum.Shalini Lawrence, Assistant Professor, Economics
Sri.K.H.Raghash, Assistant Professor, History
Sri Sudheer B, Assistant Professor, Chemistry
Dr.Vijila V, Assistant Professor, Commerce
Dr.Sarun S.G, Assistant Professor of Commerce

Final Year Internal Mentors

Sri.Gopakumar K, Assistant Professor of Economics
Sri.AnilKumar.D, Assistant Professor, Malayalam
Sri.Sunilraj N V, Assistant Professor, Commerce
Sri.Pradeep Kumar K, Assistant Professor, Political Science
Sri.Sunil.S, Assistant Professor, Commerce

They took Classes on Time management, How to face interviews, Gave Sense of direction, Provide knowledge about various career opportunities, identify their ambitions and guide them. They create Positive thinking in their attitude, provide study materials, suggest suitable books and magazines for reading etc. They are always ready to answer their queries and provide valuable suggestions and guidelines.

EXTERNAL MENTORING

The following academicians and experts took classes covering various fields.

2. Sri.D. Arun Gadwin, Director, Vantage, Nagarcoil
3. Dr.Anju. A Assistant Professor. T.K.M Institute of Management
4. Sri.T.C.Titus, Principal UIT, Thenmala
4. Sri.Sanjeev.S, Principal, Navabharat HSS & Motivational Trainer
5. Dr.J.Rajan, Prof.&Dean IMK (Rtd), University of Kerala, Member Higher Education Council of Kerala
6. Dr.Manoj.A.S, ICT Academy of Kerala
7. Dr.Farook C.T Director, KTCT College of Advanced Studies, Kallambalam.
8. Smt. Preetha.S, National Trainer, JCM
9. Dr.Ambeesh Mon.S, Assistant Professor, IMK, University of Kerala
- 10.Sri.Sanal Kumar.S, Trainer RACE
11. Dr.Martin Payyappilly, Motivational Trainer
- 12.Sri M.P Pandiraj, Mind and body refreshment trainer

They took classes on Time Management, Emotional Intelligence, How to face Group discussion and interviews, Employability skills, EPS, Transformational coaching, preparing for exams, basic skills in communication etc. They provide classes with attractive power point presentations and videos. They also ensure active participation of students. They provide questionnaires and study materials for the students to identify their real attitudes and provide valuable suggestions to them. The external mentors are also offering a personal touch with the mentees beyond their classes to those need further information and consultancy from them at free of cost.

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interviews and GDs. It is led by Sri Madhsoodannair, Bank Manager(Rtd.), Sri Abhilash Devan, Computer professional and Sri Sajeev.S Principal, HSS. They properly conducted it and evaluated each one and give suggestions to them for improvement.

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WWS PROGRAMME 2016-2017

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Smt.Thushara P.S, Assistant Professor, History

Second Year Internal Mentors

Sri.K.H.Raghesh, Assistant Professor, History

Sri.Pradeep Kumar K, Assistant Professor, Political Science

Sri.Gopakumar K, Assistant Professor of Economics

Sri.Sunilraj N V, Assistant Professor, Commerce

Sri.Sunil.S, Assistant Professor, Commerce

Sri.AnilKumar.D V, Assistant Professor, Malayalam

Final Year Internal Mentors

Sri. Sakhariya T, Assistant Professor of History

Sri.Sibukumar D, Assistant Professor of Maths

Sri Shanimon S, Assistant Professor of Commerce

Smt.Ebsi N.J, Assistant Professor of Economics

Smt.Rejitha R, Assistant Professor of English

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5. Dr.J.Rajan, Prof.&Dean IMK (Rtd), University of Kerala, Member Higher Education Council of Kerala
6. Dr.Manoj.A.S, ICT Academy of Kerala

7. Dr.Farook C.T Director, KTCT College of Advanced Studies, Kallambalam.
8. Smt. Preetha.S, National Trainer, JCM
9. Dr.Ambeesh Mon.S, Assistant Professor, IMK, University of Kerala
- 10.Dr.Baiju Ramachandran. Director, Chamber of Commerce
11. 12.Sri M.P Pandiraj, Mind and body refreshment trainer
13. Dr.A Nelson, Principal
14. Sri.M.C.Rajilan, RACE, Kollam

They took classes on Time Management, Emotional Intelligence, How to face Group discussion and interviews, Employability skills, EPS, Transformational coaching, preparing for exams, basic skills in communication etc. They provide classes with attractive power point presentations and videos. They also ensure active participation of students. They provide questionnaires and study materials for the students to identify their real attitudes and provide valuable suggestions to them. The external mentors are also offering a personal touch with the mentees beyond their classes to those need further information and consultancy from them at free of cost.

Motivational Visit

This is one of the most attractive elements to the wws mentees in the three year wwsprogramme. The visit has given great motivation to our students. Majority of the mentees voluntarily came forward for the programme and express keen interest during the execution of the visit. 30 second year mentees from the discipline of Commerce, History and Economics participated in the motivational visit. During our visit, we visited many institutions of national reputation within the state. As a part of the WWS Programme, we conducted motivational visit and visited the following Institutions.

1. IIT Palakkad
2. Ahalia Campus, Palakkad
3. Kerala Agricultural University (KAU), Thrissur
4. Kerala Institute of Local Administration (KILA), Thrissur
5. Rajagiri School of Social Sciences, Ernakulam

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Sri.K.Pradeep Kumar, Assistant Professor, Political Science

Sri.Sunil.S, Assistant Professor, Commerce

Sri.Vijayan.K, Assistant Professor, Commerce

Sri.Baisil A, Assistant Professor, Economics

Sri.AnilKumar.D, Assistant Professor, Malayalam

Second Year Internal Mentors

Smt.Seetha Lekshmi, Assistant Professor, Economics

Sri.Sibukumar, Assistant Professor, Maths

Dr.Deepa Prasad.L, Assistant Professor, English

Sri.Sacharya, Assistant Professor, History

Sri.Shanimon.S, Assistant Professor, Commerce

Final Year Internal Mentors

Kum.Salini Lawrence, Assistant Professor, Economics

Smt.Prabha.J, Assistant Professor, Polymer chemistry

Sri.K.H.Raghesh, Assistant Professor, History

Sri.Anitha.S, Assistant Professor, Commerce

Sri Sarun.S.G, Assistant Professor, Commerce

They took Classes on Time management, How to face interviews, Gave Sense of direction, Provide knowledge about various career opportunities, identify their ambitions and guide them. They create Positive thinking in their attitude, provide study materials, suggest suitable books and magazines for reading etc. They are always ready to answer their queries and provide valuable suggestions and guidelines.

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6. Dr.Anju. A Assistant Professor. T.K.M Institute of Management
7. Sri.Suresh Babu.S, Principal, Colash Technical Institute
8. Sri.T.C.Titus, Principal UIT, Thenmala
6. Sri.Sanjeev.S, Principal, KTCTHS & Motivational Trainer
7. Sri.T.K Chandra Mohanan, Trainer WWS
8. Dr.J.Rajan, Prof.&Head, IMK, University of Kerala
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MOTIVATIONAL VISIT

The visit programme has given great motivation to our students. The students actively participated in the programme and express keen interest in the sessions given in these institutions

and they tried to understand the activities and facilities in these institutions and the way in which they maintained it. In our motivational visiting programme we visited the following places;

1. Veekeesy Elastomers Pvt.Ltd., Kozhikode
2. UL Cyber Park, Kozhikode
3. IIM, Kozhikode
4. KILA Thrissur
5. Rajagiri group institution, Ernakulam

GOVERNMENT COLLEGE ATTINGAL WWS PROGRAMME 2014-2015 ANNUAL REPORT

The WWS programme for the year 2014-2015 is conducted well in the College. The external mentoring, internal mentoring sessions are very fruitful to the participants. The mentees actively participated in the programme. The mentors tried very much to cater to the needs of the mentees. They conduct classes in the areas demanded by the mentees. A motivational visit for the Second year mentees was also conducted. The second year mentees actively participated in the visit. It helps to bring some sort of enlightenment in their thoughts.

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Smt.Seetha Lekshmi, Assistant Professor, Economics

Sri.Sibukumar, Assistant Professor, Maths

Sri.Sacharya, Assistant Professor, History

Sri. Manju Anna Varghese, Assistant Professor, Polymer chemistry

Second Year Internal Mentors

Sri.K.H.Raghash, Assistant Professor, History

Smt.Prabha.J, Assistant Professor, Polymer chemistry

Dr.M Nisarudeen, Assistant Professor, Commerce

Kum.Salini Lawrence, Assistant Professor, Economics

Sri.Anitha.S, Assistant Professor, Commerce

Final Year Internal Mentors

Sri.Sunil.S, Assistant Professor, Commerce
Sri.Vijayan.K, Assistant Professor, Commerce
Sri.Baisil A, Assistant Professor, Economics
Sri.AnilKumar.D, Assistant Professor, Malayalam
Sri. Shibu s, Assistant Professor, Economics

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2. Sri.D. Arun Gadwin, Director, Vantage
3. Dr.Anju. A Assistant Professor. T.K.M Institute of Management
4. Mary Matilda Principal (Rtd) Maharajas College
5. Sri.T.C.Titus, Principal UIT, Thenmala
6. Sri.Sanjeev.S, Principal, KTCTHS & Motivational Trainer
7. Sri.T.K Chandra Mohanan, Trainer WWS
8. Dr.Manoj.A.S, ICT Academy of Kerala
9. Hari.J.T, Master Trainer
10. Dr.ChandraPrasad Sreedhar, Former Professor, IMG
11. Dr.Farook C.T Director, KTCT College of Advanced Studies, Kallambalam.

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NIFT Kannur,

IIM Kozhikode,

Centre for alternative living, Chalakudy.